

### PRIORSWOOD COMMUNITY CENTRE

### **GROUPS**

SCRABBLE & GAMES Mondays 1.30-3.30pm £2.00 WALKING GROUP 3rd Wednesday of the month 11.30am FREE

DIGITAL SUPPORT Wednesdays 1.30-3.30pm £2.00 Cooking Group Last Thursday of the month 1.30-3.30 £4

CIRCUITS
Workout
Wednesday
5.15-6.15pm
£5.00
St Andrews Hall

Thursdays
12.00-1.00pm
£4.50
ST Peters Church
Hall

MENOPAUSE
SUPPORT GROUP
3rd Thursday in
the month
1-2.30pm
£1.00

TAI CHI
Thursdays
10.15-11.15am
£3.50
ST Andrews
Church Hall

NEW IN
NOVEMBER
KNIT & NATTER
& CRAFTING
AFTERNOON
Tuesdays
1.30-3.30pm
£2.50

GROUP
1st Thursday of
the month
1.30-3.30pm

£2.00

CREATIVE
WRITERS
1st Friday in the
Month 12.302.00pm

£2.50



#### Dear Residents

My article in the summer edition said, "Summer was here at last", I must have written that in June as summer certainly didn't stay with us for long this year.

Lots of things have been taking place over the summer months, we had our 5 activity days on Lyngford Park which were well supported and great family days out. If we are lucky enough to secure funding again, around £15,000 is needed, we hope they will be back next year. Lots of people asked for it to be better advertised, the reason we don't advertise is because these days are free for families of North Taunton, if we advertise them far and wide we wouldn't be able to offer them free and we would have to put in so many rules and regulations due to higher numbers of participants, the size of the park and the licence we have to obtain from the Council. The days have been running for 15 years so most people find out about them by word of mouth. Put the dates in your diary now, Tuesdays in the school summer holidays.

We've been lucky enough to visit Hestercombe House and Gardens 3 times with a small group looking at the history of the house, we hope to carry this on and find out more about the history.

John from the Museum of Somerset came along to run some reminiscence sessions which were really interesting and brought many memories back of the toys we used to play with and the sweets we used to have as children, please look out for these as they are great fun and really interesting.

We have lots coming up so have a look and please join us and support local, we are here for you.

See 1	/ou	50	on.

Lesley

The Priorswood Community Centre is run as part of the North Taunton Partnership, a registered charity-number 1078827 which was set up in 1998.

<u>STAFF</u> Manager - Lesley Councill lesleycouncill@priorswoodcommunitycentre.co.uk Finance Administrator - Anita Scovell anita@priorswoodcommunitycentre.co.uk Office Administrator & Activities Coordinator - Lisa Herd lisa@priorswoodcommunitycentre.co.uk Cleaner - Lee-Anne

#### Paul Tooze -Chair COMMITTEE Trustees

Melanie Butt Verity Underhill Gill Harrison Jonathon Barter Mark Wood Jeanette Keech

#### We open 9.30am to 12.30pm Monday to Friday

Tea & coffee is available at just £1 a cup. We also sell a variety of books at only 20p each, everything from fiction, novels, DIY, children's and hobbies. We also have lots of bric-a-brac & iigsaw puzzles for sale.

#### SOMERSET COMMUNITY CREDIT UNION COLLECTION MONDAY TO **FRIDAY** 9.30am to 12.30pm.



#### From left to right

Fiona Foster - Philanthropy Manager, Somerset Community Foundation

Andy Senneck-Volunteer at Priorswood Community Centre

Lisa Herd-Activities Coordinator Priorswood Community Centre

Lesley Councill-Manager Priorswood Community Centre

James Holyday-Managing Director Summerfield Builders

Chloe Denning-Marketing Manager Summerfield Builders

We were lucky enough to receive a visit from Summerfield Builders on Wednesday 20th September, they were so impressed by the work we do and the support we give to local people that they offered to support us in various ways including grant funding over the next 3 years. This will make a huge difference to what we can offer and have a real impact on the groups we already have and potential new groups. We are extremely grateful for their support and their generous offer of grant funding.

# ST ANDREW'S CHURCH

\*\*\*\*\*\*\*\*\*\*\*\*



(TA2 6HU - near the railway station)





# CANDLELIT CHRISTMAS MARKET

on

# SATURDAY 2nd DECEMBER 2.00 – 4.00 pm in the Church

FREE ADMISSION Many stalls including:



Crafts \* Books \* Bric-a-Brac \*
Tombola \* Mystery Gifts \* Cakes
Fancy Goods \* Toys
Refreshments



PLEASE COME AND JOIN US AND SUPPORT THE WORK OF ST ANDREW'S CHURCH

\*\*\*\*\*

# CrimeStoppers. 0800 555111

100% anonymous. Always.

#### You've heard of us but do you really know what we do ?!

Know something about a crime or a criminal but don't want to go directly to the police? We know that it can sometimes be difficult to come forward with information. You might have seen or heard something about a crime but don't know what to do, or are scared to come forward. It's easy to think there is nothing you can do, but we offer you a safe way to do this.

Crimestoppers is a charity and our service is unique and designed to protect your identity, whether you call us on **0800 555 111** or submit online through <a href="https://www.crimestoppers-uk.org">www.crimestoppers-uk.org</a>

- We don't record any personal details about you.
- We pass information to the relevant authority without revealing your identity.
- All of our call agents are trained to support you through the process.

In the 35 years that we have been running, no one has ever been identified after giving information. It is vital that we guarantee your anonymity because if your identity became known, our reputation would be seriously damaged.

Crimestoppers is not an emergency service and if you see a crime taking place you should ring 999 to report it immediately.

Please follow www.facebook.com/CrimestoppersintheWestCountry



# **County Lines**

# Spot the signs, Stop the exploitation

County lines gangs use children and vulnerable people to courier drugs and money.

A young person who is involved in county line activity might exhibit some of these signs:



Persistently going missing from school or home, or being found out-of-area



Unexplained acquisition of money, clothes or mobile phones



Excessive receipt of texts or phone calls



Relationships with controlling, older individuals or gang association



explanation



Suspicion of self-harm, physical assault or unexplained injuries



Parental concerns



Significant decline in school performance



Significant changes in emotional well-being

If you are concerned for the welfare of a child or young person please contact the police on 101 (or 999 if urgent). If you have information that will help the police investigate this crime but wish to remain anonymous you can contact www.crimestoppers-uk.org on line or call 0800 555111.

Speak up, Stop crime and Stay safe whilst remaining 100% Anonymous. Always



CrimeStoppers. 0800 555 111





# St Andrews Church

Reaching lives for change and hope



Christmas at St Andrews Greenway Avenue, Taunton, TA2 6HU

Saturday 2<sup>nd</sup> December – 2.00pm Christmas Market in the Church

Monday 18th December – 7.00pm Community Carol Service

Tuesday 19<sup>th</sup> December – 6.00pm Nativity on the Green, opposite the Church

> Sunday 24th December 10.00am – Parish Eucharist 4.00pm - Crib service 11.30pm - Midnight Mass

> Christmas Day – 10.00am Family Eucharist

For more details, please contact the Parish Office on 01823 332531, or look at

www.standrewstaunton.org.uk

#### **SLOW COOKER SHEPHERD'S PIE**

#### Ingredients

1 tbsp Olive Oil
1 onion, finely chopped
3-4 thyme sprigs
2 carrots, finely diced
250g lean (10%) mince lamb or beef
1tbsp plain flour
1tbsp tomato puree
400g can lentils, or white beans
1tsp Worcestershire Sauce

#### For the topping

650g Potatoes, peeled & cut into chunks
250g sweet potatoes, peeled & cut into chunks
2 tbsp half-fat crème fraiche

#### Serves 4



#### **Other Items Needed**

Slow Cooker, Saucepan Frying Pan, Potato masher

#### Method

- 1. Heat the slow cooker if necessary. Heat the oil in a large frying pan. Put the onions and thyme sprigs into the frying pan and fry for 2-3 minutes. Then add the carrots & fry together, stirring occasionally until the vegetables start to brown. Stir in the mince and fry for 1-2 minutes until no longer pink. Stir in the flour then cook for another 1-2 mins. Stir in the tomato puree & lentils, season with pepper & Worcestershire sauce, adding a splash of water if you think the mixture is too dry. Scrape all the ingredients into the slow cooker.
- 2. Meanwhile cook both lots of potatoes in simmering water for 12-13 minutes or until they are cooked through. Drain well and mash adding the crème fraiche. Spoon this on top of the mince mixture and cook on low for 5 hours the mixture should be bubbling at the sides when its ready. Crisp up the potato topping under the grill if you like

#### **ENJOY!!**

Recipe courtesy of BBC Good Food website, www.bbcgoodfood.com

# <u>Kids Activity Page</u> Please feel free to colour in the picture.



Picture courtesy of iChild (www.iChild.co.uk)





Est 2013

### For the personal touches that matter

A local family run funeral home based in Priorswood dedicated to providing the highest levels of personal care 24 hours a day

- Private Chapel of Rest
- Golden Charter Funeral Plans
- Traditional Funerals
- Horse drawn funerals





Direct Cremation £1095.00





For informal advice and guidance please contact:



## TEL: 01823 618030 (24 Hours)

website: www.friendshipandsons.co.uk email: nick@friendshipandsons.co.uk

46-48 Ladymead Road, Taunton, Somerset, TA2 7RS



#### SOMERSET'S LARGEST INDEPENDENT STAIRLIFT AND MOBILITY AID SUPPLIER

Established: 1993

Open Monday to Friday 9.00am - 5.00pm Saturday 9.00am - 1.00pm

If you are having trouble getting around and need the right Mobility Aid?

We can help! Visit our showroom and see just how many different products we sell and discuss your specific needs with one of our friendly, caring staff team.

Our showroom is just off Bindon Road in Frobisher Way, Taunton. We keep every thing in stock and have our workshop right next door to service and maintain mobility scooters and stairlifts.

#### WWW.SOMERSETSTAIRLIFTS.CO.UK



# Stairlifts - Mobility Scooters - Riser Recliner Armchairs also Kitchen, Bedroom and Bathroom Domestic Aids

For further information about any of our products or services contact us by telephone on 01823 288 196 or by email at: info@somersetstairlifts.co.uk





# TADA is here to help those in financial difficulty

Many people are struggling with their finances and need help.

Taunton Area Debt Advice (TADA) is a charity which provides free, confidential, debt advice through a team of trained FCA approved debt advisers.

We aim to take the burden off your shoulders and provide you with a plan, make arrangements and negotiate agreements.

We provide hope. Are you in financial difficulty?

Contact TADA today on 07921 526087.

Or email admin@tada.org.uk

Our web site is www.tada.org.uk

Nervous about asking for advice? Don't worry - we're friendly and we won't judge you - we're here to help. Telling someone else about the problem will be a huge relief - you won't feel so alone, and you'll know you're getting professional help. And it's free! Anything you tell us will be confidential, and we won't take any actions without your permission.

Taunton Area Debt Advice, St Mary's House Magdalene Street, Taunton TA1 1SB





# CHRISTMAS WREATH WORKSHOP

Tuesday 12th December 1-3pm Priorswood Community Centre, Taunton TA2 7JW



£25 per person, all materials & refreshments included

There are 10 places available. All places are to be paid for at time of booking. For more information please email lisa@priorswoodcommunitycentre.co.uk



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# **Dance Fitness Classes**

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Trident Club Galmington St George's Wilton

St Luke's Cotford St Andrew's Rowbarton Flexercise

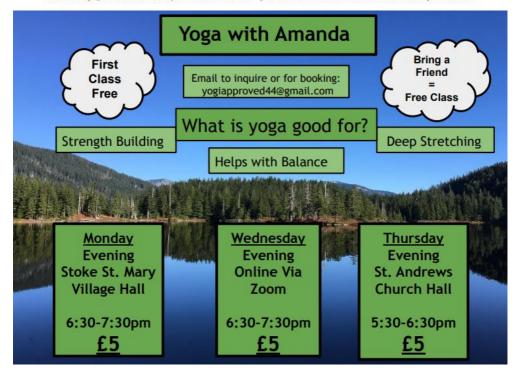
Seated Class

Thurs 11 am St George's Wilton

Dance Fitness

Fri 9.30 & 10.45 St George's Wilton

Contact Nikki Mumby (Level 3 Dance Teacher)
nmumby@outlook.com | 07833 503759 | visit our website: dancesmilerepeat.com



# PRIDE IN PRIORSWOOD SUMMER YOUTH ACTIVITIES 2023

We hope you all had as much fun as we did at this years Summer Youth activities in Lyngford Park.

Personally my favourite week was music week, we have so many talented children in Priorswood-you were all



We would also like to say a huge thank you to everyone who attended, and everyone who helped make this event happen each week including the volunteers at Priorswood Community Centre & Somerset Council. The ladies from Inner Wheel for their help and delicious cakes they made each week. Also thank you to the organisations involved for providing lots of exciting activities for everyone, and Brook Green Nursery for preparing delicious lunches for everyone & the grandmother who made packed lunches each week.







# With out Funders the Pride in Priorswood Summer Activity days would not be possible.

#### Thank you to our 2023 funders:

- Somerset Council
- Jazz Apples
- Commissioners Crime Fund
- North Taunton One Team
- · Children & Youth Initiative Fund
- . The High Sherriff of Somerset Charitable Trust
- Magdalen Hospital Trust
- Somerset Community Foundation
- Friends of Taunton Library Group for funding Garwynn & his reptiles in the library
- Buffalo Trailers (a div of Holden Engineering) who funded the extra cost for a new trailer which will be used for transporting all the equipment during the summer activities



Local PCSO & Marshall



Smoothie Bike

#### **RSPCA**





**Blue Flame Boxing** 





Clementines Live Arts



Safe Families

## SUNDAYS ROWBARTON METHODIST CHURCH Greenway Road



9:30am The Circuit Recorded Service uploaded to YouTube.
www.rowbartonmethodist.org.uk.

10:30am Morning Worship
All ages welcome – accessible premises

**6:30pm 'Zoom'** by invitation

Minister: Rev Annie Deche - 01278 322497

# Weekdays at Rowbarton Methodist Church Minister Rev Annie Deche 01278 322497

#### TUESDAYS

Pantry Hub
2 - 4pm
Contact

rowbartonpantry@gmail.com



#### THURSDAYS

1st Thursday of the month Rowbarton Discussion Group 10am to noon



#### WEDNESDAYS

Praying Together 9:30am

Meet 'n' Sing 1st & 3rd Wednesdays 10:30am to noon

Wesley Guild 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays 2:45pm – 4pm Oct 11<sup>th</sup> to 13<sup>th</sup> Dec



#### SATURDAYS

1st Saturday of the month
The Mix 3 – 5pm
an afternoon of fun and
games for all ages





#### Taunton Trusted Providers

#### COMMITTED

to delivering Quality Services & Support to people in our local area.



**www.TauntonTrustedProviders.co.uk** 

#### Our Members provide:

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- Shared lives support
- Complex care
- Sleep in services
- Dementia care
- ALD support
- Holistic care
- Lifestyle services
- Sitting service

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- Chaperone service
- Administration
- Shopping
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- Foot Care
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#### Contact us on:

M tauntontrustedproviders@gmail.com



**Taunton Trusted Providers** 







- 1. How many times does Santa check his list?
- 2. What does Santa Claus bring on Christmas Eve to children who are naughty?
- 3. What two colours are popular at Christmas?
- 4. What flavour are Candy canes?
- 5. What colour is The Grinch?
- 6. What animal carries Mary to Bethlehem?
- 7. What store hosts a huge parade every Thanks Giving in America?
- 8. What Christmas dessert is made with molasses?
- 9. In which country does Santa leave presents in children's shoes?
- 10. In what Christmas Carol do singers request "figgy pudding"?

#### Summer Edition Answers

1.Summer Loving had me a blast2.Saint Swithins3. Gemini, Cancer & Leo4. 1908, 1948 &19125.Indian Summer6. Calvin Harris7. Norman8. The Popes9. Homer Simpson10. Some tarts11.Sonnet 1812. December13. Summer Bay



#### PRIORSWOOD COMMUNITY CENTRE

#### Thank you

We are pleased to announce that our Autumn Bazaar made an amazing £554.49

Thank you to everyone who supported the event

#### PRIORSWOOD COMMUNITY CENTRE WEEKLY PROGRAMME

#### Supporting Residents Of North Taunton

MONDAY				
Every	1.30-	SCRABBLE AND GAMES	SCRABBLE, GAMES, SOCIAL	
Week	3.30PM	AFTERNOON	GROUP	£2.00
	10am-			
1st Mon	12pm	SW & T BENEFITS	DEBTS & BENEFITS	
		TUESDAYS		
Every	1.30-	KNIT & NATTER, CRAFTING	KNITTING,CROCHET,	
Week	3.30pm	AFTERNOON	NEEDLEWORK, CRAFTS	£2.50
		WEDNESDAY		
3rd in			MEET PRIORSWOOD	
Month	11.30am	WALKING GROUP	COMMUNITY CENTRE	FREE
Every	1.30-			
Week	3.30pm	DIGITAL SUPPORT	BASIC DIGITAL HELP	£2.00
Every	5.15-			
Week	6.15pm	CIRCUITS CLASS	ST ANDREWS HALL	£5.00
		THURSDAY	,	
Every	10.15-		ST ANDREWS CHURCH	
Week	11.15am	TAI CHI GENTLE EXERCISE	HALL	£3.50
2nd & 4th				
IN	9.30am-			
MONTH	12.30pm	CITIZENS ADVICE	ADVICE DROP IN	
			ST PETERS CHURCH HALL	
Every			ADVANCED BOOKING	
Week	12-1pm	LUNCH CLUB	REQUIRED	£4.50
1st IN	1.30-		DISCOVER AND REMINISCE	
MONTH	3.30pm	HISTORY GROUP	ABOUT LOCAL HISTORY	£2.00
3RD IN				
THE	1.00-	MENOPAUSE SUPPORT	SUPPORT & GUEST	
MONTH	2.30pm	GROUP	SPEAKERS	£1.00
LAST IN				
THE	1.30-			
MONTH	3.30PM	COOKING GROUP	COOKING	£4.00
4TH IN	40455	OFNITRE FOR \$1.55	EDEE 4 D. 40E = 2 = == 2	
THE	10AM-	CENTRE FOR SUSTAINABLE	FREE ADVICE, HINTS & TIPS	
MONTH	12PM	ENERGY	ON YOUR ENERGY	<u> </u>
FRIDAY				
1st IN	12.30-		FOR WRITERS OF ALL	
MONTH	2pm	CREATIVE WRITERS GROUP	ABILITIES	£2.50

#### Woman's Institute

We are not just jam and Jerusalem.

Why not come along to your local group to socialise, share, learn new skills and to feel a part of something.

All ages welcome.

We meet once a month on a Thursday evening at

West Monkton Heathfield Hall

Dates & Speakers for this year

26th October - Genealogy

23rd November – Christmas Crafts

25th November - Christmas Quiz

7th December - Christmas Meal

TBC - Carol Service, Wells Cathedral

For more information ring Sue on 07834467468 or email; jsjchardy@sky.com

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# TELEPHONE 01823 690154, MOBILE 07590 636079 EMAIL KEVIN@BAWDENCLEANING.CO.UK

## Get planning now for a stress-free festive season



With summer holidays now a distant memory, thoughts are beginning to turn to the festive season. This is often an expensive time of year for families, and with the sharp rise in the cost of living still biting, could require careful planning.

#### Create a Christmas budget and stick to it.

Make a detailed list of your planned spending for the festive season, broken down into categories such as gifts, food and drink, social events and decorations

**Shop early and savvily.**Doing so will give you plenty of time to hunt for bargains, benefit from special deals and nab popular items, rather than being forced to opt for more expensive substitutes late in the day.

#### Food for thought.

Christmas is also a time when it's easy to overbuy food, with perishables sometimes going to waste. Remember that the shops are only closed for a couple of days and that it's easy to restock after Boxing Day.

Make a meal of things.

Food prices have been a topical issue this year and extra treats at Christmas can easily push up supermarket shops. If you're hosting family members or friends for dinner, getting everyone to pitch in with festive fare can ease the strain all

#### Have honest conversations.

Cost of living increases have put a squeeze on many household incomes and if you're concerned about managing this year's Christmas celebrations, the chances are that some of your family members and friends are as well. Talking to others and coming to agreements about price limits for gifts or 'Secret Santa's' can help to resolve these issues and reduce worries about rising costs.

#### Get creative.

Cooking tasty treats and making decorations at home are great ways of keeping the younger members of the family occupied on wet weather days, stemming over-excitement and reducing costs. These activities also offer wonderful opportunities to create special Christmas memories.



If you feel overwhelmed, then there is help available.

Go to our website to find out which organisations can help you.

www.westcountry.org.uk



Westcountry Savings & Loans is authorised by the Prudential Regulation Authority & regulated by the Financial Conduct Authority & the Prudential Regulation Authority. FCA & PRA FRN: 230768



### NATIVITY ON THE GREEN

St. Andrew's Green, Taunton. 6pm to 7pm Gates open at 5:45pm



TRADITIONAL CAROLS

REFRESHMENTS

PLEASE RRING A TORCH

TUESDAY 19th DECEMBER 2023

#### FRIENDLY TEAM OF RELIABLE AND TRUSTWORTHY TEAM



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Taunton based Will writer Member of the Society of Will Writers

Home visits to take instructions

- Make or update your Will
- Make Lasting Powers of Attorney
- **Estate Planning Service**

Don't put it off any longer!



**6** 07504 991893



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www.westcountrywills.co.uk



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Obridge Road, TA2 7PU www.oakwoodchurch.org.uk

#### SUNDAY MORNINGS @ OAKWOOD

10.30am Sunday Morning Worship Including Oakwood Kids

[Watch our YouTube livestream - 'Oakwood Church Taunton']

#### **EVERY WEDNESDAY @ OAKWOOD | TERM TIME|**

10.15 - 11.45am (only £1 per family)





#### **CHRISTMAS @ OAKWOOD**

Sat 16th December - 'Little Red Riding Hood' pantomime! with Saltmine Theatre Company (tickets will be available on the website)

Sun 24th December

10.30am Christmas Carol Service

Mon 25th December 10.30-11.30am Christmas Morning Service

### Free Energy Advice Drop In

10am to 12pm
Priorswood Community Centre
On the 4<sup>th</sup> Thursday of every month



The Centre for Sustainable Energy (CSE) will be available to provide free, impartial energy advice. Come along for a friendly chat!

CSE's project, **Safe and Warm Somerset**, offers advice and support about anything energy related. We look at the energy efficiency of your home, low cost/no cost steps you can take to reduce your bills, as well as supplier or billing issues. We can help you apply for grants and, where necessary, emergency financial support. Did you know there are funds available for simple improvements like draught-proofing? We can tell you about those, too!

We usually resolve issues with just one discussion. If you have more complicated problems, we can connect you with a specialist caseworker for ongoing support. Maybe you're having difficulties with your energy supplier — we can join in conversations and advocate for you to reach a solution you're happy with.

Our belief is that nobody should be cold in their home this winter. So come along with your questions and see how we can help you stay safe and warm at home. In the meantime, you can look at CSE's online advice pages for immediate guidance.

#### Neroche Woodlanders "Wild Explorers" Parent and Toddler Group



Neroche Woodlanders experienced, warm and friendly team provide a safe and welcoming space for new and young parents to meet in beautiful woodland. Together we explore the woods, play, learn and enjoy being outside in all weathers and seasons, making our own connections with nature.

Our group runs on Fridays at our main camp in Young Wood, on the Blackdown Hills just outside Taunton. Transport from various points in Taunton is available and a hot lunch cooked over the campfire is provided. We can lend waterproofs for parents and children from our big supply. This group is funded through various sources and is for lower income families.

If you would like more information please contact Sarah on <a href="mailto:sarah@nerochewoodlanders.org">sarah@nerochewoodlanders.org</a> or see our website nerochewoodlanders.org.

Neroche Woodlanders is a social enterprise based in the public forest estate of the Blackdown Hills, Somerset.



# Regular Activities at Wellsprings Community Church Quantock Road, TA2 7NL





- If Sunday: "Redificed Service" with create and Kids Connect (children's groups)
- 20 <u>Sunday</u>, "All-Age Event" sof round cold tables with art, craft, songs, stories, discussions, videos and autoes - and followed by a brunch
- 3"Surgley: "Reyer and Resize" no talk, just a chance to sing pray, be prayed for With create and Elas Connect (children's groups)
- · 4" Junday: "fraditional Service" with crecke and Gdz Connect (children's groups)
- 5"Sunday, a visit from one of our "relation pathers" thends / groups who we support financially and in proyer in this country or around the world givingus on update on what they're doing to help the people of their area.













# Christmas at Wellsprings Community Church Quantock Road, TA2 7NL









If you'd rather not be on your own, or if Christmas Dinner will be a struggle for your family this year, then come and join us on Christmas Day for Roast Turkey and all the trimmings, followed by a choice of desserts including Christmas Pudding. There's soft drinks, crackers and a present for everyone too. Either join us at Wellsprings Community Church in Quantock Road (TA2 7NL) for our Christmas Day all-age celebration service at 10.30am and then stay on for the Christmas Dinner at 12.00 noon, or just come to the Church in time for the Dinner. The time together will finish once we've watched the King's Speech on our big screen. There's no charge for the meal, but if you are able to give a donation it would be gratefully received. For more details, or to book a place then contact Tiff or Suzy on 07896677998 or e-mail revtiff@live.co.uk or send a message through the church website www.wellspringscommunitychurch.org.uk





## Your Lyngford Park Surgery

needs new members for its Patients' Group (PPG)

Would you like to become involved and have a say in the way your Doctor's Surgery operates?

It will involve four meetings per year and as much additional community involvement as you wish

If you are interested in finding out more, please email:

lyngfordparkpatientgroup@gmail.com

and we would be pleased to talk to you about this opportunity



**Lyngford Park Surgery** serves the population of North Taunton as well as its surrounding villages. This includes the communities of Priorswood, Lyngford, Pryland and Wellsprings. The Lyngford team provide a friendly, timely service to its 6,400 patients: a task proving to be more difficult as the demand for health care increases.

There are six doctors at the Practice, practice nurses and one health care assistant. They are supported by two clinical pharmacists, a musculoskeletal practitioner along with a mental health and two young person's mental health practitioners – all on a part-time basis.

There are also eight receptionists. They are your first point of contact – primarily on the phone and then in person when you attend the Surgery. Their tasks are to coordinate and organise appointments and patient information: it's a very demanding role. The administration team's role is to make sure all referrals are made, coding done, issue patient recalls, general admin and of course, finance. The smooth running of the Lyngford Park Surgery is governed by the Practice Manager.

As a patient at Lyngford Park Surgery, you can get involved with your Surgery by becoming a member of the **Patients' Group** (PPG). The objective of this group is to make suggestions to help the development of the practice and further improve patients' experiences and services.

Some members of the current Patients' Group are due to retire in the spring so the Lyngford team would welcome new members from its patient list to volunteer for this role. It would require four meetings a year and some additional community involvement if you wish. Interested? Then contact Patient Group chair, Mr Sigurd Reimers on email: lyngfordparkpatientgroup@gmail.com

Lyngford Park Surgery, Fletcher Close, Taunton, Somerset, TA2 8SQ
Tel: 01823 333355 Email: somicb.enguiries.lyngfordpark@nhs.net

#### Opening Hours

Monday	8:30 am - 1:00 pm	2:00 pm - 6:00 pm
Tuesday	8:30 am - 1:00 pm	2:00 pm - 6:00 pm
Wednesday	8:30 am - 1:00 pm	2:00 pm – 6:00 pm
Thursday	8:30 am - 1:00 pm	2:00 pm - 6:00 pm
Friday	8:30 am - 1:00 pm	2:00 pm – 6:00 pm
Saturday & Sunday	Closed	
Emergency phones open: 08:00-08:30am, 13:00-14:00pm and 18:00-18:30pm		

#### **WHAT'S ON IN NORTH TAUNTON**

ACTIVITY	TIME	VENUE	CONTACT
		MONDAY	
Café Connect <i>meals,</i> snacks, drinks & cakes	10.30am- 1.30pm	Wellsprings Community Church	07896 677998
Karate	6.00-7.00 pm	St Andrews Church Hall	07870 936064 somerset@doryokuryo.co
Army Cadets	7.00-9.30pm	Selworthy School, Hazlebrook Campus	07528 568763
		TUESDAY	
Taunton Carer's Support Group (1st Tuesday of Month) Café Connect <i>meals,</i> snacks, drinks & cakes	10.00am- 12.00pm 10.30am- 1.30pm	Wellsprings Community Church Café Wellsprings Community Church	07888 077757
Martial Arts Small Groups for Prayer & Bible Study	17.45-20.15pm 7.30pm-9.30pm	St Andrews Church Hall  Various homes	07896 677998
& Bible Study	•	/EDNESDAY	07890 077998
Café Connect meals, snacks, drinks & cakes	10.30am- 1.30pm	Wellsprings Community Church	07896 677998
Fibromyalgia Support Group (3rd Wednesday of month, term time only)	11.00-1.00pm	Wellsprings Community Church	335819
Zumba Gold	2.00-3.00pm	St Andrews Hall	07833 503759 nmumby@outlook.com
Brownies (Term time only)	6.00-7.30pm	St Peters Church Hall	974482
Zumba	6.30 - 7.30pm	St Andrews Hall	01823 431587/07974670172 carrie.wallace@btinternet .com
Clubercise	7.40 - 8.40	St Andrews Hall	01823 431587/07974670172 carrie.wallace@btinternet .com

	THURSDAY			
Women's Hour(2nd &				
4th Thursday of the		Wellsprings Community		
month)	3.00-4.00pm	Church	07896 677998	
		0.10.0.1	0.000 0.1000	
Power Parents	6.00-7.00pm	St Andrews Church Hall		
		Selworthy School		
Army Cadets	7.00-9.30pm	Hazlebrook Campus	07528 568763	
Army caucis	7.00 3.30pm	Tiazicorook campas	07320 300703	
Guides	6.30-8.30pm	Wellsprings School	07988 872624	
Craft Evening £3 (2nd				
Thursday of the month)	6.30-8.00pm	St Peters Church	974482	
The Thin Place (prayer meeting-1st Tuesday of the Month)	7.00-8.00pm	St Peters Church	974482	
Bible Study with Big D				
(3rd Tuesday of the				
month)	7.00-8.00pm	St Peters Church	974482	
Singing his Praises (4th				
Tuesday of Month)	7.00-8.00pm	St Peters Church	974482	
		FRIDAY		
	10.30am-	Wellsprings Community		
Toddler Group	12.00pm	Church	07896 677998	
Friday Café	2.30-4.30pm	St Peters Church Hall	974482	
	-		07870 936064	
			somerset@doryokuryo.co	
Karate	6.00 -8.15pm	St Andrews Church Hall	m	
TGI Friday Youth Group (School years 6-7) every Friday	7.00-8.15pm	Wellsprings Community Church	07896 677998	
TGI Friday Youth Group (School years 8-9) Every		Wellsprings Community		
Friday	8.30pm-9.30pm	Church	07896 677998	
TGI Friday Youth Club	7.00-8.30pm	Wellsprings Community Church	07896 677998	
SATURDAY				
Men's Breakfast (1st Saturday of the month)	8.30am- 10.00am	Wellsprings Community Church	07896 677998	
SUNDAY				
TGI Sunday	10.30-11.45am (Age 6-9 years)	Wellsprings Community Church	07896 677998	
1 Of Juliuay	10.30-11.45am	Wellsprings Community	07030 077330	
Kidz Connect	(1-5 years)	Church	07896 677998	

# Take a walk & join us on our FREE WALKING GROUP



Walking is man's best medicine

Join us for a short walk. All abilities welcome including buggies & Dogs.

A great way to get some exercise and meet new friendly people

Every 3rd Wednesday of the month 11.30am-12.15pm

Meeting at Priorswood Community Centre, Taunton, TA2 7JW

For more information call 01823 353643 or email lisa@priorswoodcommunitycentre.co.uk







USEFUL TELEPHONE NUMBERS			
Priorswood Community Centre	01823 353643		
Somerset Council	0300 123 2224		
Police	101		
Childline	0800 1111		
Samaritans	116 123		
Domestic Violence Help line	0800 6949999		
Citizens Advice Taunton Somerset Adviceline	0808 278 7842		
Hillside Children's Centre	01823 322124		
Library Service	0845 3459177		
Credit Union	01823 336425		
Adult Social Care	0300 123 2224		
Mindline Somerset	01823 276892		
AGE UK	01823 345610		
Childline	0800 1111		
Refuge	0808 2000 247		
Open Door Taunton	01823 271996		

#### COMMUNITY CENTRE BOOKINGS

The Community Centre can be booked for meetings and clubs. Contact the Centre for further information on

01823 353643 or email <a href="mailto:lessleycouncill@priorswoodcommunitycentre.co.uk">lessleycouncill@priorswoodcommunitycentre.co.uk</a>
Or check the website, www.priorswoodcommunitycentre.co.uk.

#### NORTH TAUNTON NEWS

If you would like to include an advertisement or article in the North Taunton News, prices are as follows:

#### BUSINESS ADVERTS:

£40.00 for a full page or £110.00 for 3 editions, £25.00 half page or £70.00 for 3 editions, £170 for 3 editions in colour on back page

We produce 1300 copies of the newsletter which are delivered in the North Taunton area. It is also available to download from our website and by email on request.

All adverts will be posted on our social media pages.

#### LOCAL COMMUNITY GROUPS, CHARITIES AND ORGANISATIONS

£6.00 per full page £4.00 per half page

Deadlines for the newsletters are:
31st January, 31st May, 30th September
Email lisa@priorswoodcommunitycentre.co.uk for more information

OUR ADVERTISING POLICY Through the advertisements in this newsletter we aim to provide our community with knowledge of the wide range of services available locally. We wish to emphasise that it is the readers' responsibility to check the quality of the product or service. Priorswood Community Centre, it's agents, contractors or advertisers expressly disclaims any responsibility for any error, misinterpretation and any loss, disappointment, negligence or damage caused by reliance on the information contained in this publication, or any failure in the delivery of the services referred to herein. We wish to emphasise that it is the readers' responsibility to check the quality of the product or service.

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#### LEGAL PERMISSION

Permission or parental consent has been granted to print names or logos in this newsletter.

Somerset County Gazette have given permission to print photos and articles in this newsletter.

### **Priorswood Community** Centre

### **LUNCH CLUB**

ST PETER'S CHURCH HALL Eastwick Road, TA2 7HD

Thursdays 12.00-1.00pm 2 courses plus tea & coffee

Tuesday 11am



Priorswood Community Centre to pick up a registration form or emai lesleycouncill@priorswoodcommunitycentre.co.uk or call 01823

#### **Priorswood Community Centre**

### DIGITAL SUPPORT

Help with the basics of computing, mobile phones, apps & websites. Learn how to use the internet, Facebook, word, photos and much more

> **Every Wednesday** 1.30-3.30pm

£2.00 including refreshments

No booking necessary, just drop in. Bring your own laptop or tablet or we can provide one

For more information please call the community centre on 01823 353643 or email

